

PM supervisor and student – Clinical placement

Course

Psychiatric Nursing, 7.5 credits

Term 4

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Table of contents

Implementation of VFU	3
Structure during VFU.....	3
Compulsory elements during the VFU period	3
Assessment during VFU	4
Activities during VFU.....	5

Implementation of VFU

This memo will serve as support for both supervisors and students during the clinical placement (VFU) in the fourth semester of the program. The students have placements in psychiatry in Region Jönköping County and the associated 13 municipalities.

The internship period extends over two weeks, where the student couple will do the internship for five days. All days of the week can be used, but not Friday when there are other elements in the course. The Working Hours Act must be complied with concerning night rest between shifts and breaks during each shift. The students' day inside the school (Fridays) must be included in the total working hours.

This is the students' third internship, and they are expected to be able to start working more independently and take their own initiative with the patients they meet. As a supervisor, you ensure the students' knowledge before the module. As a student, you are well prepared and do not perform any steps on patients if you have doubts about how the execution should be done. Areas worked on in semesters 1, 2 and 3 have included ensuring identity, treatment and communication, confidentiality, basic hygiene routines, basic nursing, medical technology elements, ethics, and documentation. The students have also worked through the nursing process, different steps, where the focus in semester 3 has been on problem diagnoses.

In **this course**, the focus is on the different dimensions of the human being, with special emphasis on the mental aspects, including psychiatric diagnoses and mental illness. The course emphasises the development of attitudes, skills, knowledge and scientific thinking.

A reflection diary/diary or diary is recommended to follow developments that can contribute to the student's individual reflections related to learning outcomes in VFU.

Structure during VFU

Peer learning

The student couple is supervised in pairs at their internship in accordance with the Peer Learning model. They work together when they do nursing. The work assigned to the students is always distributed within the student couple, one implements and one observes. At the next task, the students change roles. More information about the Peer Learning model can be found in the VFU handbook under "Learning in VFU".

Nursing measures that are to be carried out must always be reviewed with a supervisor before they are carried out on a patient.

Access to different information systems

The students are not given their own login to the computer systems used in the current placement within the various forms of care covered by the course.

Compulsory elements during the VFU period

There are some mandatory elements in relation to this internship. The student must establish a learning plan for the internship, carry out activities and actively participate in the course's final seminar (carried out at the school).

Curriculum for VFU

After the student has received contact information for his/her supervisor, the student must email his/her learning plan to the supervisor. The supervisor must take part in the learning plan to gain knowledge

about the student's previous experiences, goals, expectations and learning strategies. The student has great opportunities to express wishes about what they wish to train and focus on during the internship. The student is responsible for uploading the learning plan to the learning platform Canvas.

Activities

The activities that are developed for the course are mandatory to complete during the specified internship period. Course activities are described on page 5. If any activity cannot be carried out, the supervisor can instead lead the student couple in a reflection on the activity in question during one of the students' very last days of the internship period. The reflection should be based on the risks/benefits of the given situation in the VFU and should help the student to achieve the learning outcomes of the course.

Graduation final seminar

The week after the student's internship period, a final examination seminar takes place, which is a mandatory occasion and forms part of the internship. As a basis for the assignment, the students use their experience from the internship period. For the student to participate in the final examination, the supervisor must have assessed the student's level of knowledge as satisfactory during the internship period. The student must immediately, after completion of the internship, upload the assessment basis and attendance report to the learning platform Canvas. The final examination seminar takes place under the auspices of the university and is assessed by the clinical lecturer who also convenes the final seminar.

The student will base his/her knowledge on experiences from the VFU period as well as relevant theory, research and current governing documents.

The student should:

- Reflect theoretically on common psychiatric disorders, failing mental health and nursing related to these.
- Reflect with the supervisor on possible situations where the students should have a more passive and observant attitude.
- Reflect on stigma associated with failing mental health. Problematic confidentiality in psychiatric care. Participate in nursing documentation in consultation with supervisors in accordance with current statutes and laws.
- Analyse and identify the need for nursing care in failing mental health, considering the perspective of the patient and their relatives.
- Discuss ethical dilemmas that may arise in nursing in connection with failing mental health.
- Educate/inform patients and relatives about what can constitute support in everyday life.

Assessment during VFU

The individual assessment of the student during the internship is done with the help of an assessment basis (see separate document) and is not assessed with the support of AssCE. It is important to have continuous communication and feedback between the supervisor and the student for the supervisor to be able to assess *a satisfactory level of knowledge*, and thus allow the student to take the final seminar. The supervisor makes an initial assessment of the student's abilities, while the teacher in the course assesses the final seminar. The course examiner then assesses the whole based on the documentation and determines the student's grade. If there is any doubt about the student's ability to reach a satisfactory level of knowledge, this must be documented, and contact should be made with the contact teacher at the School of Health and Welfare to establish a pedagogical action plan.

For more information, see the Assessment tab in the VFU handbook. Contact information for contact teachers can be found in the VFU handbook under the tab Year 2 / Semester 4 / Psychiatric nursing.

Activities during VFU

The purpose of the activities is to structure the students' learning during the internship and to help the students achieve the learning outcomes of the course. Both activities are in different ways linked to the course's intended learning outcomes and the nurse's core competencies. As a student, you are responsible for ensuring that the activities are done during your internship. It is mandatory to **complete both activities** during the internship period; you and your pair student choose the order in which you do them.

Activity 1 – Conversation and communication

The student couple will talk to a person with mental illness and possibly their loved ones. The conversation should be based on the patient being able to talk about their situation. Together with the supervisor, the student pair will reflect on the importance of conversation and communication in identifying the need for care in connection with mental illness. Furthermore, a reflection should be made based on what the individual student perceived in the conversation in relation to his or her pair student and the knowledge that the supervisor possesses about the specific patient's situation.

Intended learning outcomes:

- analyse and identify the need for nursing care in the event of failing mental health, considering the perspective of the patient and their relatives

Activity 2 – Laws/concepts in psychiatric care

Obtain information about the laws that govern nursing care in the placement in question. The student couple will reflect on what these laws mean for the individual, relatives and the chain of care. Also, reflect on how laws affect co-creative nursing.

Intended learning outcomes:

- communicate with and educate patients in the context of failing health to promote health and alleviate suffering
- demonstrate such suitability in professional knowledge that no person's health or safety is at risk